

## MOTION FOR A PAMPHLET FOR ASIANS AND ASIAN-AMERICANS

### 1. SUBMIT A CLEAR AND CONCISELY WORDED MOTION.

Area 49 office manager respectfully proposes to have a new pamphlet for the Asian and Asian-Americans. With stories of experience, strength, and hope from other Asians and Asian-Americans that are still in recovery.

### 2. WHAT PROBLEM DOES THIS PROPOSED ITEM ADDRESS.

This item reaches out to alcoholism in the Asian and Asian-Americans.

### 3. WHAT LEVEL OF GROUP CONSCIENCE, IF ANY, DISCUSSED THE PROPOSED AGENDA ITEM? MAKE IT CLEAR WHO IS SUBMITTING THE ITEM (AN INDIVIDUAL, GROUP, DISTRICT, AREA, ETC.)

This idea come a committee member from Area 49. It has been discussed that AA needs to reach out to our Asian brethren.

### 4. PROVIDE BACKGROUND INFORMATION THAT DESCRIBES AND SUPPORTS THE REASONING FOR THE PROPOSAL. LIST BACKGROUND MATERIAL(S) INCLUDED WITH THE PROPOSAL.

The committee member is an Asian in recovery in Area 49, it was hard for him to relate to people in the rooms. Since there were no Asians in the meetings, he couldn't feel like I belonged. Even if an Asian comes into the room, they find it hard to identify themselves as a newcomer or as an alcoholic. The drinking culture is slightly different from Western drinking culture. Culturally Asians don't think drinking alcohol is a problem at all. They think it's a mindset of having a sense of control. Also there is the culture of honor and shame, if admitting that they are alcoholics; it means the family will not have honor and will be shamed in society. During the beginning of the COVID-19 pandemic, some Asian members of the fellowship have been dropping out of the program. This is because they were being verbally/physically assaulted on the streets. Most Westerners didn't really know what to say or do while this was happening to their Asian fellows, so they rather say and do nothing. In AA, the minority myth is rampant; if an Asian male comes in, most don't come up to him. And if an Asian female comes into the rooms, everyone comes up to them. It seems like if Asians come into AA, most Westerners think they could figure things out for themselves. The Chinese translated Big Book only contain the first 164 pages of the Big Book, and not the personal stories in the back because Asian don't identify with the stories of Westerners. The 12th step say we carry the message of recovery to the next suffering alcoholic.

### 5. WHAT ARE THE INTENDED/EXPECTED OUTCOMES IF THIS PROPOSED ITEM IS APPROVED?

To reach out to the Asians and Asian-Americans who are still sick and suffering.

### 6. PLEASE PROVIDE A PRIMARY CONTACT FOR THE SUBMISSION.

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## 7. FINAL COMMENTS

We believe that this will help the program of AA evolve to the next level of acceptance, compassion, and understanding.